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Problem statement

Processes of the state building that are taking place in Ukraine require a systematic approach to the problem of formation of sexual culture of the individual, namely – taking into account ethnopsychological context in the training of qualified specialists.

The scientific approach to the consideration of specific ethnopsychological and social psychological competence of the individual provides an understanding of personality as an integrated system with its professional, national, family and household, psychological, and other features, which are formed in the process of man's relationship with other people, social groups, ethnic communities, and society as a whole [*Етнопедагогічна...* 2009: 54].

Human individual reproduces in his life progress achievement of the history of civilization and human culture, sexual in particular. Culture is the foundation and at the same time the result of behavior, it determines a course of behavior and in this aspect is one of the topical issues of modern science. The person who develops must not lose touch with such elements of the culture as traditions and customs. Operation of the traditions and customs provides psychological mechanisms of „infection”, suggestion, and inheritance. Traditions mainly take the form of customs, which reproduce the norms of interaction and provide stability of behavioral and communicative culture. Every nation has its own customs, which were created over the centuries. They influence on the attitude, on the perception of the world, on the spiritual culture of the people and on the level of life competence of the individual.

Student age – it is mainly the period of late adolescence. It is an important stage of ontogeny, the transition from adolescence to the period of independent adult life, the formation of moral consciousness, identity, adoption of value orientations and ideals, stable world outlook. Effective training of professional skills and development of a common culture and identity of a person are developing during this period.

Analysis of recent studies

Among the main problems of Ukrainian state building an important place occupies the process of studying the role of the traditional educational experience of the Ukrainian people in the formation of a family man.

In the works of prominent representatives of Ukrainian thought (G. Vashchenko, O. Kulchynskyi, I. Mernik, D. Chizhevskyi, J. Yarema etc.) we see an attempt to analyze Ukrainians as a nation. Their observations and writings of contemporary scholars (Derkach, P. Gnatenko, B. Krisko, L. Orban, Lembrik, Pavlenko, V. Yaniv etc.) allow to select the generalized traits of Ukrainian national character that must be considered in the process of identity formation. After all, awareness of his ethnicity, gender and group identity, knowledge of his strengths and weaknesses, capabilities and resources allow a person to behave appropriately in any given situation. Today it becomes clear that the youth cannot build a humane society without adopting the values of folk traditions (their essence, features of the revival, preservation and growth).

Family customs and traditions were thoroughly studied by ethnographers, historians, linguists, psychologists and professional pedagogues: P. Berinda, M. Hrushevskyi, M. Dragomanov, O. Potebnya, G. Skovoroda, K. Ushynskyi, P. Chubynskyi etc.

Such scientists as T. Bulenko, L. Burlachuk, T. Govorun, T. Demidova, L. Dolinska, O. Kikinedzhi, Z. Kisarchuk, B. Kovbas, V. Kostyv, G. Kyt, B. Krawets, J. Mezerya, I. Trubavina and others studied in their works the culture of premarital training.

To balance their actions it's very important for Ukrainian youth to learn and understand the greatness of our traditional culture, its eternal humanism. „The Book of Veles” reads: „Everything circles, that is why we must know our past”.

The purpose of this article

Disclosure of the traditions for embedding them into the relationship of today's youth. Prove that there was a system of sexual education in the Ukrainian ethnic culture.

Presentation of the basic material

According to our beliefs, the process of formation of moral values and cultural identity, particularly sexual, can be more efficient through the use of folk and family traditions of moral attitudes to the opposite sex.

Gender differences are manifested in relationships that develop between sexual partners as well as in the family. The closest and most prolonged contacts between individuals of different sexes are taking place in a family. The family circle is a place for a child where it gets acquainted with certain „male” and „female” models of communication, where it unconsciously absorbs and then simulates and reproduces them in relationships with others. We also know that

the relations that prevail in the family have a significant impact on mental development and health of children, their future sexual attitudes. Paternal example and the example of other adult members of a family form the first step of sexual culture of young people.

Referring to the historical experience of our ancestors we can see a system of sexual education in the Ukrainian ethnic culture, mostly built in the form of folk games. Ukrainian ethnic culture reveals the underlying idea of sensuality, intimacy, and the essence of sex and reproduction [Костів Б., Костів В. 2006: 182].

According to O. Kikinezhdy gender is a half-being in the minds of Ukrainians, and sense of family life Ukrainians see not only in finding the other half, but in the harmonious coexistence with it [Кікінежди 2001: 198].

In the sexual consciousness of Ukrainians are missing rigid stereotypes of masculinity-femininity the dichotomy of which is inherent in most of ethnic groups. Warmth, softness, tenderness of men combined with an active, independent and determined woman, whose masculine quality does not diminish her femininity [Говорун 2001: 97].

The pride of every Ukrainian girl is her plait, „Girl without a plait has no beauty”. A plait as well as a wreath symbolizes valiant beauty, maiden innocence and honor, which belong to the highest moral principle: „The honor protects girl’s happiness”. The girl, who lost her girlish innocence, is not worth being called a girl. It is said: „Neither girl nor a woman – human gossips”.

The Ukrainian familistic carefully protects the honor and dignity of the marital relationship – as a pledge of strong and healthy families [Кіт, Тарасенко 2008: 141].

The purity of the Ukrainian youth’s relations, traditionally filled with the appropriate emotions, restraint requires men to be more creative aiming to manage a body, to subordinate this effort to the highest values. If you love, you are worried primarily about the good to another person.

Folk traditions can be considered as a means of formation of sexual culture of young people. They are considered as multifunctional phenomenon that contributes to the formation and strengthening of the necessary family ties and enrich the content of intersexual communication and aspiration to improve the efficiency of formation of the moral values of young people.

Conclusions

The text above actualizes the role of a teacher working with a student to improve the cognitive sphere with respect to the formation of sexual culture, which is one of the main conditions for preparing young people for family life.

Thus, in the process of sexual education of youth by means of Ukrainian traditions would be appropriate to consider the following features:

- knowledge is the main indicator of a happy married life: „Live and learn”, „Knowledge makes life beautiful”;

- sensual significance in the choice of marriage partner: „I want to be touched by the one who has love in his heart”, „I want to be fondled by the one who truly loves me”;
- discretion in the choice of marriage partner: „To marry in a hurry – soon fell into trouble”, „He walked the road, and fell into a pit, he loved a good girl, and took the shabby”, „To marry is not to wait the rain stops”;
- holy observance of fidelity (faithfulness of Ukrainian women has been famous throughout the world): „Where the needle goes, the thread must follow”, „He loses himself who loves another man's wife”, „Do not leave your wife even at a bad hour”;
- equal rights of Ukrainian women in the family: „Man is the head of the family, and a woman is a neck: where it turns – there a head stares”, „A woman without a husband, as a grain of sand in the river”.

Sexual culture – is the sum of many component parts. Emotional richness of personality and mutual tenderness are important elements of sexual culture. A man of high culture is able to inspire his feelings with different shades, is able to find funds for love to be expressed at a high level.

Prospect of the problem research

It is never too late to go back to the sources, to the true examples of chivalrous relations, to revive the best of folk traditions.

Filling the national training courses with wise folk principles will contribute to a culture (and also the sexual aspect) of premarital communication, which allow young people subsequently create a strong family. Therefore the prospect – is to develop a model of sexual culture, learning and educational assets of the people in this culture, and deepen the study of methodological developments in the direction of a sexual culture of young people.

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Abstract

The article analyzes the traditions that must come forward as the basis of formation of sexual culture of young people. The author draws attention to the progressive traditions of the Ukrainian culture, examines the sexual culture as an important component of the overall culture of a person.

Key words: sexual culture, traditions, customs, youth, sexual relations.

Етнопедагогічна складова процесу формування сексуальної культури молоді

Анотація

У статті проаналізовано традиції, які повинні виступати основою формування сексуальної культури молоді. Автор звертає увагу на прогресивні традиції української культури, аналізує сексуальну культуру як важливий компонент загальної культури особистості.

Ключові слова: сексуальна культура, традиції, звичаї, молодь, секс.

Etnopedagogika jako element kształtowania kultury seksualnej młodzieży

Streszczenie

W artykule analizuję tradycje związane z kreowaniem kultury seksualnej młodzieży. Zwrócono uwagę na tradycję kultury ukraińskiej i kultury seksualnej jako ważnego komponentu kultury ogólnej człowieka.

Słowa kluczowe: kultura seksualna, tradycja, młodzież, relacje seksualne.