

# Andrzej Szyszko-Bohusz

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## The problem of the proper ethical and social preparation of teachers and participants of Combat Sports and Martial Arts in the contemporary epoch of...

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Tekst jest udostępniony do wykorzystania w ramach dozwolonego użytku.

Prof. dr hab. Andrzej Szyszko-Bohusz jest wybitnym humanistą, badaczem tradycji mistycznych różnych kultur i obszaru praktyk psychofizycznych. Od lat współpracuje z Redakcją IRK-MC zarówno jako autor ważnych prac, jak też w roli członka Rady Naukowej i Komisji Etycznej SIP. Publikujemy jego pracę będącą tematem referatu na I Światowym Kongresie Naukowym Sportów Walki i Sztuk Walki.

ANDRZEJ SZYSZKO-BOHUSZ

Krakowska Szkoła Wyższa im. Andrzeja Frycza Modrzewskiego

Akademia Wychowania Fizycznego im. Bronisława Czecha w Krakowie, Kraków (Polska)

Address: Celerowska 16/29, 31-414 Kraków, Poland

## **The problem of the proper ethical and social preparation of teachers and participants of Combat Sports and Martial Arts in the contemporary epoch of globalisation, science and technology / Problem właściwego etycznego i społecznego przygotowania nauczycieli i uprawiających sporty walki i sztuki walki w epoce globalizacji, nauki i technologii**

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### **I. The dangerous situation of the contemporary epoch of globalization, science and technology. Profound antinomies and triple danger crisis. Ways of the rescue**

The epoch of globalization, scientific and technological civilization has had a great deal of unique achievements in education, technical development, medicine, in many spheres of the human activity. Yet in many fields of our life it has brought a very serious threat of disaster and total self-destruction. The contemporary epoch of globalization, scientific and technological development is characterized by profound antinomies evident in unequal access to distribution of goods, educational achievements and culture. This discrepancy can clearly be seen in the realm of lofty humanitarian idea and their implementation in the field of politics, economics, social practice and pedagogy. These serious antinomies have led to a triple danger crisis in the hub of the science and technology civilization: axiological, ethical, and social-moral, as well as to related crisis such as ecological, and the one without the precedence in the history of education – pedagogical. This profound pedagogical crisis has been fully related to nowa day's problem of the ethical and social preparation of teachers, trainers and participants of Combat Sports and Martial Arts in the epoch of globalization, science and technology. To rescue mankind, thus, to escape from the utter annihilation is to raise to the upper level of moral and social awareness through modern, holistic and humanistic pedagogy embracing all the stages of education, also in the field of Combat Sports and Martial Arts. Such an educational process should lead the society of *globalization*, science and technology to realization of **responsibility for future fate of the globe**. One of the ways leading to this aim is the proper, humanistic and holistic, anticipating idea of globalization carried out by the countries of the world, as well as modern pedagogy, taking into account the view of the future.

First of all hunger and poverty in various parts of the world should be alleviated and then, totally reduced, human rights should be fully respected, antinomies and basic crisis should be reduced. The highest ideas created by humanity during the history of mankind, as workshop of God, nobility, honor, honesty, courage, generosity, modesty, patience, endurance, service for all suffering injustice should be fully realized and respected in the modern holistic pedagogy united with Combat Sports and Martial Arts. The teachers, trainers and participants of Combat Sports and Martial Arts should **firmly act against the threat of the global nuclear war and expansion of terrorism**. According to above-mentioned states the problem of the proper ethical and social preparation of teachers, trainers and participants of Combat Sports and Martial Arts has the fundamental meaning. It has been strictly connected with the Olympic principle of fair play as

well as **Holistic Pedagogy** and **Theory of Genetic Immortality** invented by the author of presented report.

## **II. The main features of the Polish national character related to Combat Sports and Martial Arts**

Before we try to explain the peculiarity of the Combat Sports and Martial Arts related to Polish participants, we must first shortly describe the main features of the Polish national character.

“Poles are a rather curious kind of people, with brilliant minds and many contrasting traits in their psyche which makes them easily discernible from the representatives of other nationalities of the world. Deeply concealed in the recesses of the heart of nearly every one of us there is a strong longing to act in an unprecedented great way, to perform heroic deeds, high above the level of the average human behavior. This strong desire seems to be the dominating feature of the Polish national character and there are in our history many examples testifying to it. In the whole world there are perhaps not so many nations who could boast of having had in their past so much of heroism, so many deeds of unsurpassed greatness, so numerous examples of desperate fightings carried on without any hope to win, and with only one alternative – to die. Out of the innumerable regiments of the many armies of all the continents of the world there were the Polish ones who took part in the last war many a “Samossiera gorge” though the very fact of fighting in given circumstances was universally found mad and so indeed it was; mad in the unparalleled impetus and mad in the nearly absolute contempt of death, which – in the case of fighting Poles – seemed to be rather a negation of its reality.

An average citizen of Poland is acting spontaneously, on impulse, and does not show much patience in circumstances making this demand on him. His passionate nature sets him often afire with strong, violent feelings. His is not a cautious behavior of a self-controlled, reflecting person. Falsehood and treason are alien to him. Occasionally he displays not a small amount of practical sense and this capacity is often accompanied – quite unexpectedly – by a strong inclination to lead a contemplative kind of life, detached and self-collected, by an intuitive sensitiveness to the super sensuous phenomena, to the Reality existing far beyond the reach of human mind and the keenest philosophical speculation.

Polish people love life, they are wondering at it, often by stand amazed before its richness, unexpected heights, & depths and are spontaneous in their responses, not trying to find out why they react in such a way. Life seems to them to be an unexplored shoreless ocean, an incredible phenomenon, an entrancing adventure, ravishingly interesting. But they are not always so highly tuned. Sometimes they are apt to feel discontent and indifference, reluctance and wrath in many circumstances of their life but this seems to be caused by boredom, by the sense of void, of the emptiness of life. Unfortunately these uncommon feelings seem to play at present all over the world a constantly augmenting role. As if in defiance to the incessantly growing nervousness and swift pace of life to the stormy development and progress in civilization and technics, to radio and television attempting to alleviate and make more agreeable the course of human existence – boredom puts its heavy mark nearly on every department of our life. This formidable foe, the old spleen in contemporaneous disguise, caused by the shallowness and impoverishment of the spiritual life all over the world annihilates the joy of living, transforms the glorious, unique, luminous spiritual Reality into the panorama of the dusty streets of our cities, into the weariness of the work of small clerks in the offices. Polish people are afraid of boredom; they have it in abomination, as they know that it destroys the most vital desire of every human being – the longing for happiness.

And that is why every man and every woman who – by the mere force of their individuality – are capable of restoring to people happiness and peace of mind – these values being just the antithesis of deadening routine and tumultuousness of the present life-will unavoidably win the highest appreciation and deep affection of Polish people” [Szyszko-Bohusz 1963].

The above-mentioned short characteristics of the Polish national character helps more fully and deeply understand the peculiarity of Combat Sports and Martial Arts related to young Polish participants of these nobly achievements. It also shows clearly the great meaning of the proper ethical and social preparation of teachers and trainers of Combat Sports and Martial Arts and their moral authority for fighting youth. This real authority has been strictly related to the level of understanding the peculiarity of the personality and Polish national character.

### III. The final conclusions

The peculiar and dangerous situation of the contemporary epoch of globalization, science and technology (triple danger crisis, serious antinomies) brings the necessity to seek ways of rescue. The modern, holistic and humanistic pedagogy, proper ethical and social preparations of sports teachers and trainers, including Combat Sports and Martial Arts, has been the important way to rescue the mankind running to the total self-destruction.

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**Słowa kluczowe:** adept sztuk walki, osobowość, kryzys i antynomie cywilizacji, edukacja adeptów sztuk walki

### STRESZCZENIE

Epoka cywilizacji globalnej i technologicznej przyniosła wiele wyjątkowych osiągnięć, jak również na wielu polach naszego życia zagroziła nam totalnym samounicestwieniem. Jednym ze środków zapobieżenia anihilacji ludzkości jest podniesienie jej na wyższy poziom świadomości moralnej i społecznej poprzez nowoczesną, holistyczną i humanistyczną pedagogikę, obejmującą wszystkie etapy edukacji, także na polu sportów i sztuk walki.

Charakter narodu Polaków manifestuje się w silnej potrzebie dokonywania heroicznych czynów, działania w sposób bezprecedensowy. Przykłady takich zachowań są liczne w historii naszego kraju. Jednakże w obecnej sytuacji, kiedy naszym życiem rządzi telewizja, radio i inne technologiczne udogodnienia, mało jest okazji do czynów wielkich. Zagraża nam szara nuda, będąca rezultatem sflacytowania i zubożenia życia duchowego na całym świecie.

W tym aspekcie ogromną rolę mogą odgrywać sporty i sztuki walki w edukacji młodego Polaka. Jednakże pozostaje tutaj kwestią ogromnej wagi prawidłowe przygotowanie etyczne i społeczne nauczycieli i instruktorów sportów i sztuk walki, jak również ich autorytet moralny wśród ćwiczącej młodzieży.