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Sesja naukowa sportów walki w Katowicach = A scientific session of combat sports in Katowice

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Tekst jest udostępniony do wykorzystania w ramach dozwolonego użytku.





Photo 2. Presentation of Dr. Figueiredo Fot. 2. Prezentacja dra Figueiredo

time doctor Abel A. Figueiredo – a scientist, a theoretician and an advanced practitioner of combat sports and martial arts (6 dan karate).

The conference was patronised by 8 scientific magazines regarding the martial arts and the combat sports: "Archives of Budo" (Poland), Electric Journals of Martial Arts and Sciences, "Ido-Movement for Culture" (Poland), "IRKRS Journal" (Australia), JORRESCAM (France), "Journal of Asian Martial Arts" (USA), "Journal of Sport Sciences and Medicine - Combat Sports Special Issues" (Turkey) and "Revista de Artes Marciales Asiaticas" (Spain).

Programme

On Saturday on the 16th of May in the Main Auditorium of the Polytechnic Institute of Viseu took place a solemn Opening Ceremony of the international, scientific conference called 2009 Scientific Congress on Martial Arts and Combat Sports. The opening was done by the mayor of the city and the president of the University. From 10 o'clock the plenary debates took place which were presided by: Willy Pieter (Philippines), Vitor Rosa, Abel Figueiredo and Luis Monteiro (Portugal), Carlos Garcia Gutierrez (Spain), Roman M. Kalina (Poland), Antonio Brito (Portugal), Wojciech J. Cynarski (Poland), Sergio Raimondo (Italy), Cristiano Roque (Brazil) and A. Figueiredo.

The first problem that the session concerned was: "Study object, systematics and research on MA&SC", second: "Physical, technical and tactical dimensions on MA&SC", third: "Pedagogy plus tactical and psychological dimension on MA&SC and self-defence", fourth: "Socio-cultural and philosophical dimension on MA&SC". Four



Photo 3. During a discussion – Mr. Antonio Cacho, the pioneer of Portuguese karate Fot. 3. Podczas dyskusji – pan A. Cacho, pionier portugalskiego karate



Photo 4. Prof. Kalina and Cynarski inviting participants to the 2nd World Congress in Rzeszów / Foto. 4. Prof. Kalina i Cynarski zapraszający uczestników na II Światowy Kongres do Rzeszowa

times Professor Willy Pieter from University of Asia and the Pacific from Philippines introduced the results of his international and empirical researchers in the field of sport sciences. The papers were presented twice by: A. Figueiredo from Polytechnic Institute of Viseu, W. J. Cynarski from Rzeszow University and Fernando Torres Baenna from Spanish Karate Federation. 40 papers presented in total and 12 papers introduced in a poster session.

On Saturday evening the participants watched a video film about a beginning of karate in Portugal in the years 1960–1970 with the presence of Antonio Cacho – a pioneer of Portuguese karate. Nuno Russo and Luis Preto made a show of traditional, Portuguese stick fighting. Within the framework of the "Round Table" was presented an extra topic: "Martial Arts and Portugal". The participants had a chance to find out about Portuguese and Okinawa contacts from the 16th century (A. Figueiredo), about a reactivation of Portuguese wrestling (J. Bragada) and about Portuguese sticks fencing – *jogo de pau* [photo 5] (L. Preto, N. Russo).

It is worth mentioning a few papers presented during the congress by: 1. A. Figueiredo who

presented his own, comprehensive conception of a scientific interpretation of martial arts and combat sports as combat human motricity, 2. Sergio Raimondo (University of Casino from Italy) who made an attempt to outline the substance of the general oriental psycho-physical disciplines, 3. John Clements and Brain Price from America who presented Renaissance and medieval European martial arts.

At the end of the event W.J. Cynarski and R. M. Kalina invited the participants to **the Second World Scientific Congress of Combat Sports and Martial Arts which will take place in Rzeszow** (Rzeszow University) between the 17th and the 19th of September 2010. Professor Marc Theeboom informed the participants of the congress that there is a possible inclusion of a Researchers meeting in 2010 during Sport Accord (GAISF, ASOIF and AIOWF) Martial Art and Combat Sport Games in China (Beijing) from the 28th August to the 4th September.

Conclusion

150 participants from 15 countries took part in the Congress: from South America (Brazil, Peru), from North America (Canada, USA), from Asia (a



Photo 5. *Jogo de pau* – Portuguese sticks fencing / Foto. 5. Portugalska szermierka na kije